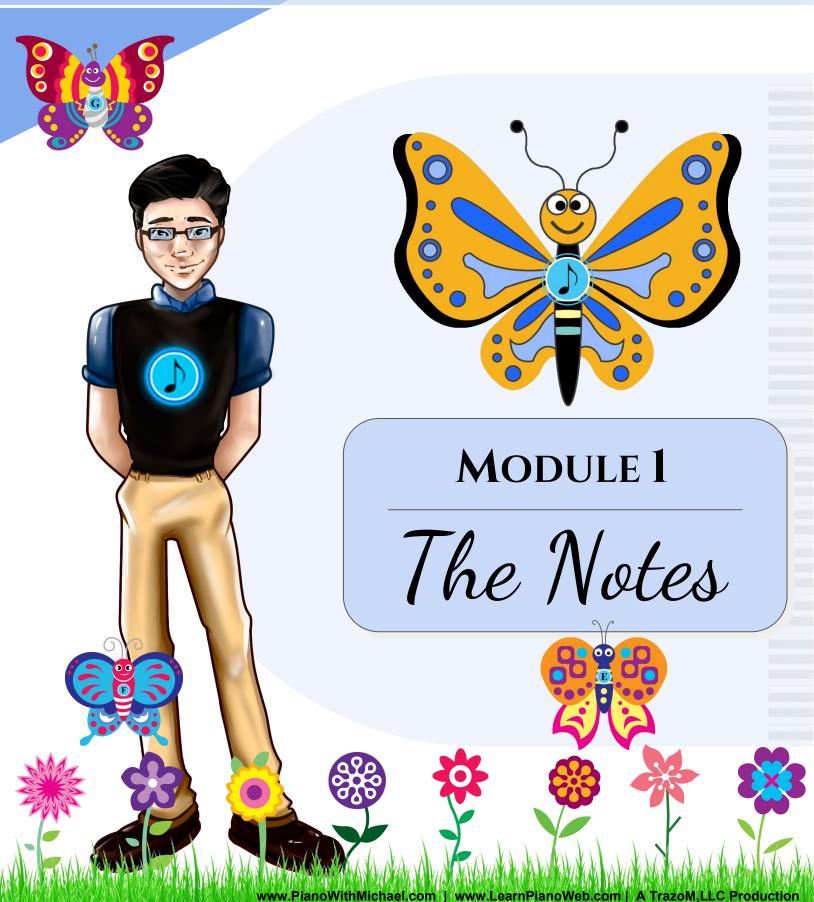


PIANO LESSONS

"A Musical Journey for Artistic Awakenings"





MIKO AND MEEKIE

Module 1 - The Notes



INTRODUCTION

Hello! We are Miko and Meekie, and we want to help "Color The World" through Music and Piano!

We hope to teach you the basics of music so you can get started or your lifelong Musical Journey!

If you don't have the time or resources for

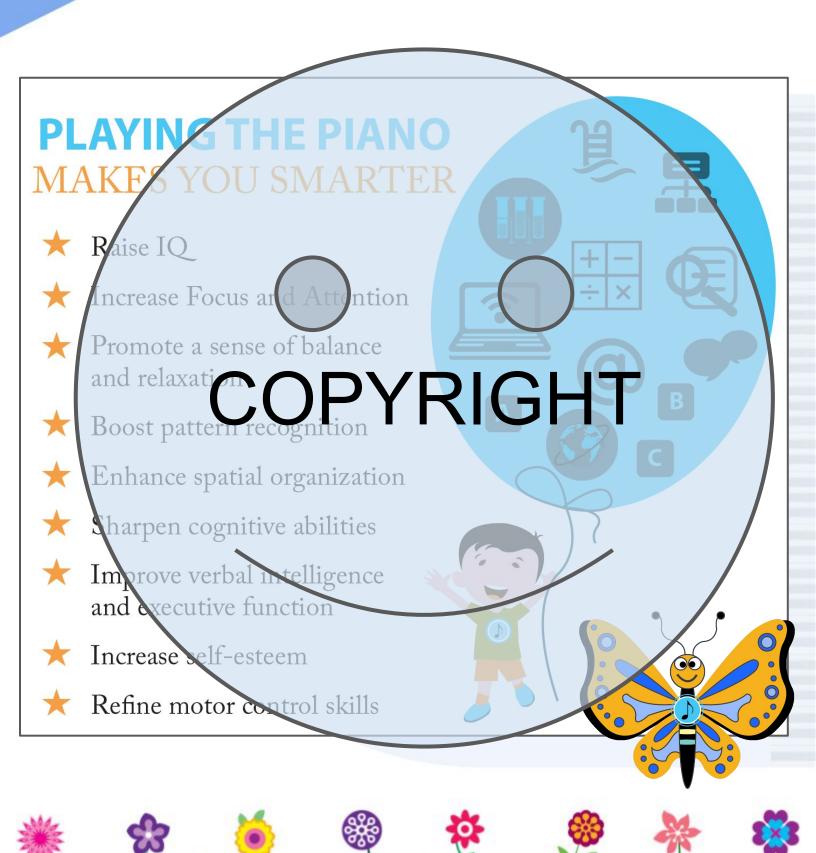
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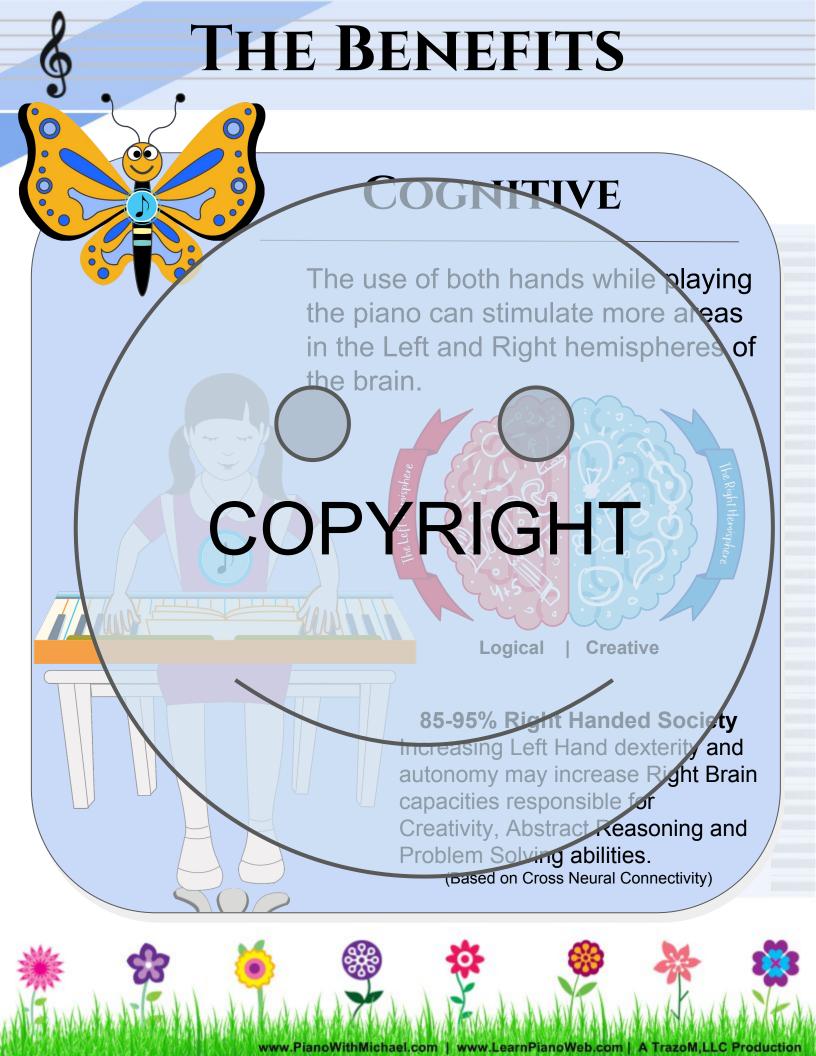


We believe there are many benefits to learning, playing and creating music on the piano or digital keyboard!

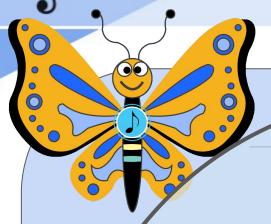
We want to make it fun for kids!

THE BENEFITS









MODULE 1

The Notes

The Purpose of **Module 1** is to introduce you and your child to the very basics of learning to read Music Notes, and where to play them on the piano - in a fun and colorful manner!

We hope that with our resources, videos, and colorful characters, you'll be able to engage your child and demonstrate where the rotes on the Treble and Bass Clefs correspond to the piano teyboard.

With practice and time, just like any other language, your child will be able to string along notes to play their favorite songs.

Additional Modules will provide further musical understanding and help your child progress musically, both physically and mentally.



PLEASE NOTE: If you have the time and resources to take traditional plano lessons, we highly encourage you to find a teacher that is a "good fit" for your child. Teachers provide direct feedback, encouragement and other positive relationship benefits that our system cannot.

It's all about being Fun and Educational!



BEFORE WE START

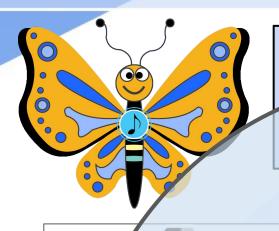


RECOMMENDATIONS

A few things before we begin!

- 1. This is ideal for parents intending to assist their children on a regular basis (2 to 4 times per week with 1/2 to 1 hour per learning or practice session).
- A piano is not necessary. If one isn't practical for your living or financial situation, we recommend a Digital Piano or Digital Keyboard that has 88 Keys and is weighted.
- 3. For **Module 1** (The **No** et, a less expensive 61 o 76 key digital piano/keyboard will work just to get started, but isn't recommended for future modules.
- 4. Age 6 or older tends to be a great starting point for children.
- 5. It's never too late to learn, but the earlier one starts music on the piano/keyboard, the greater the lasting effects on the developing brains.
- 6. If your child shows considerable interest and enthusiasm, we highly recommend finding a suitable piano teacher.
- 7. Check out our online videos for Support and Tips!

POSTURE



Proper Posture and Hand Position

It is important to start and play with proper posture and band/wrist positions. This will ensure you play effectively, and will also lessen muscle fatigue and reduce the possibility of developing carpal tunnel syndrome.



Back straight, slightly leaning forward

COPYRIGHT Shoulders

HAND POSITION

Curve your hands as if holding a tennis ball, touching with your fingertips.

Wrists should be relaxed and level with hand.

Your thumb and index should make the shape of a C.

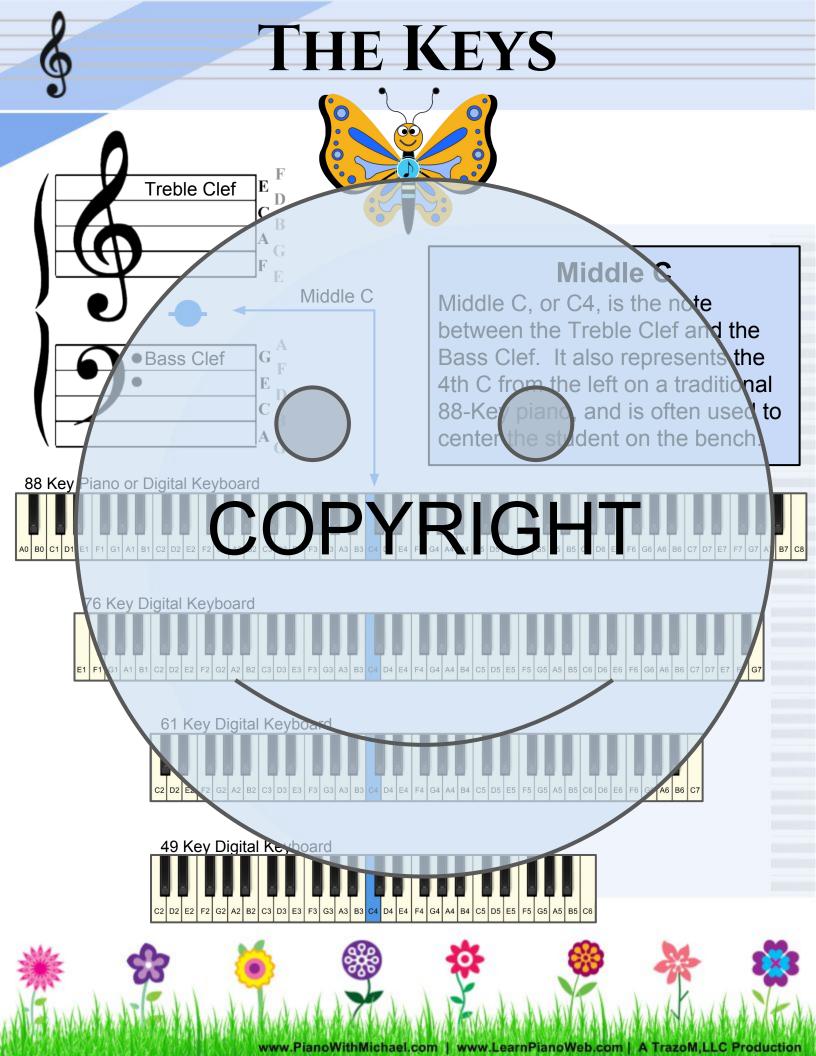
Sit on front half of bench

Knees slightly

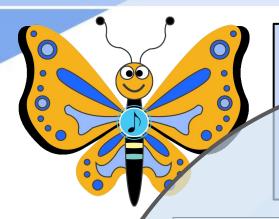
under piano

Feet Flat









The Piano or Grand Staff

In Western Music, a series of 5 lines and 4 spaces (between lines) determine the pitch of a note. Read from Left to Right, the staff consists of various music symbols that indicate when and how to play. Below are two staves (staff plural) combined with a brace, typically found in piano music. (These elements will be discussed in later modules.)

Treble Clef - Notes are typically played with the right hand on the upper staff.

Brace

- The relative speed of pace of the music.

Tempo - The number beats per minute.

And PIORIGHT

rime Signature - The number of beats per measure (top) and the duration of each beat (bottom).

Key Signature - Which notes are to be played higher or lower than the natural note throughout piece, Sharps (here) or Flats.

Bass Clef - Notes are "typically" played with the left hand on the lower staff.





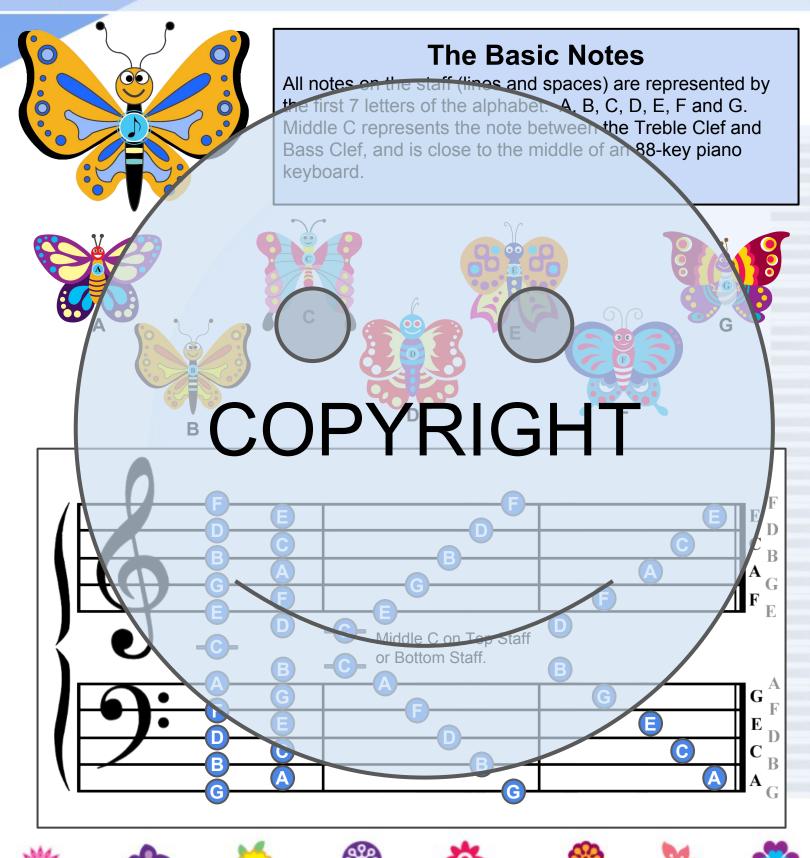


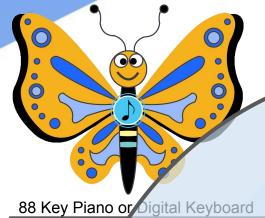










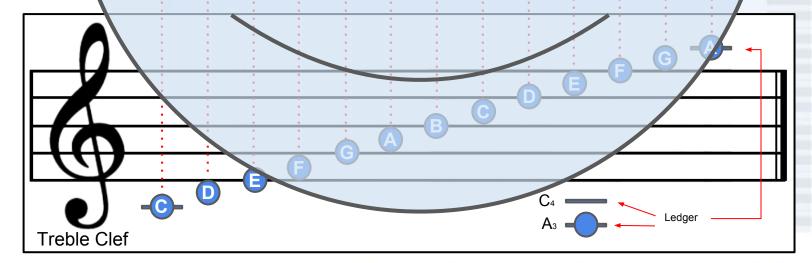


The Treble Clef Notes

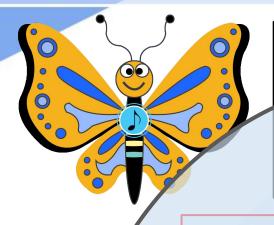
Starting from Widdle C (highlighted in blue on the keyboard), the notes on the Treble Clef increase in pitch as they move up higher on the staff. Notes that are above (or below) the last lines on the staff are represented with a line (ledger) through it, similar to Middle C4 and A5.



D4 | E4 | F4 | G4 | A4 | B4 | C5 | D5 | E5 G5 | A5







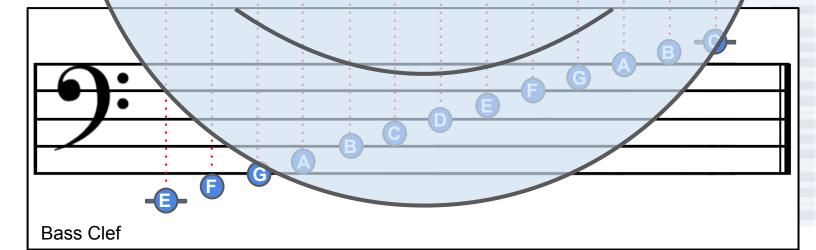
The Bass Clef Notes

Starting from Middle C (highlighted in blue on the keyboard), the notes on the Bass Clef lower the pitch as they move down on the staff. Notes that are above (or below) the last lines on the staff are represented with a line (ledger) through it, similar to Middle C4 and E2.

88 Key Piano or Digital Keyboard

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E2 F2 G2 A2 B2 C3 D3 E3 F3 G3 A3 B3 C4





8

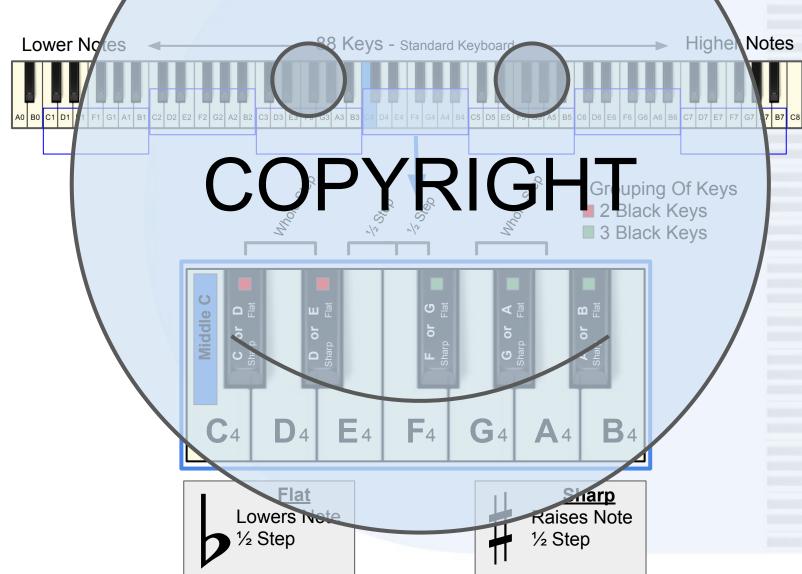
THE PATTERN



The 12 Key Pattern

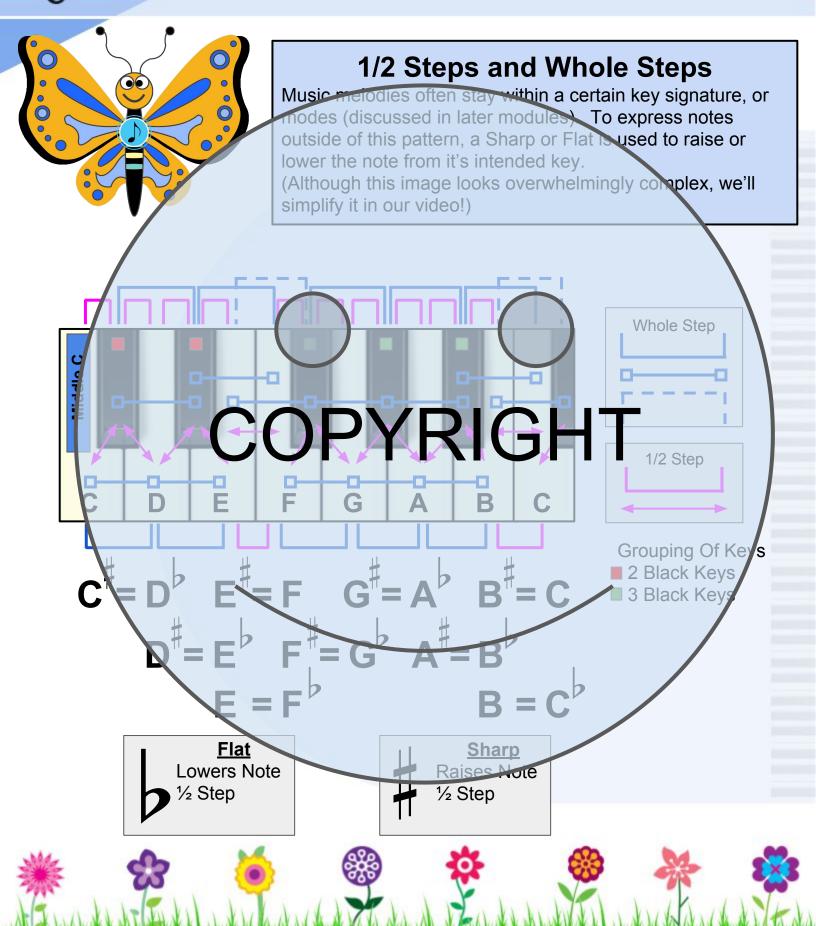
The Piano is represented by a series of a 12-key block (7 White, 2 & 3 Black) that repeat along the keyboard.

Moving key to key is in Whole and Half steps. Moving to the right raises the pitch, while moving left lowers the pitch.



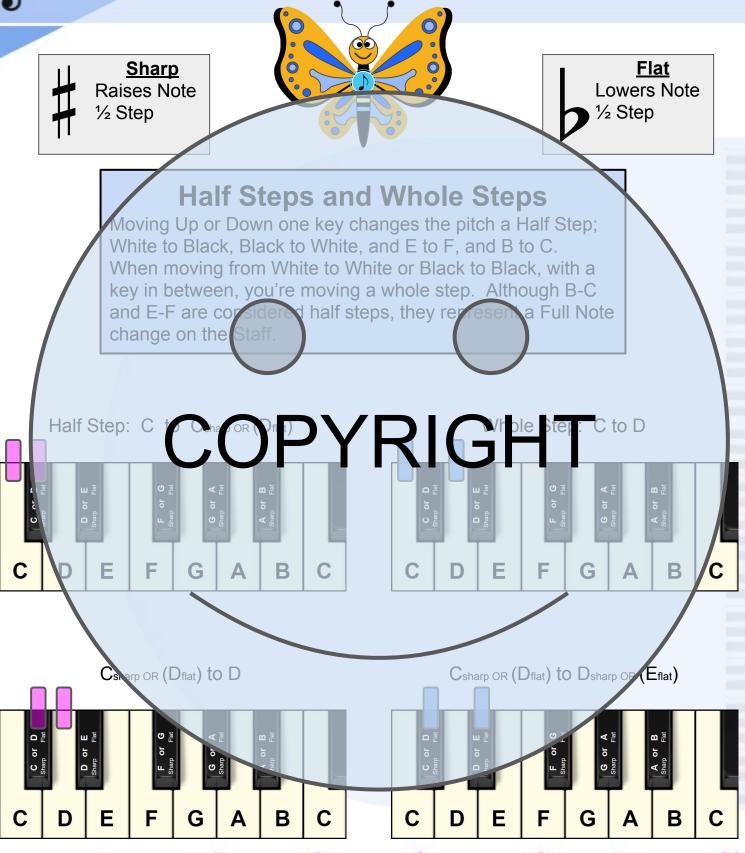
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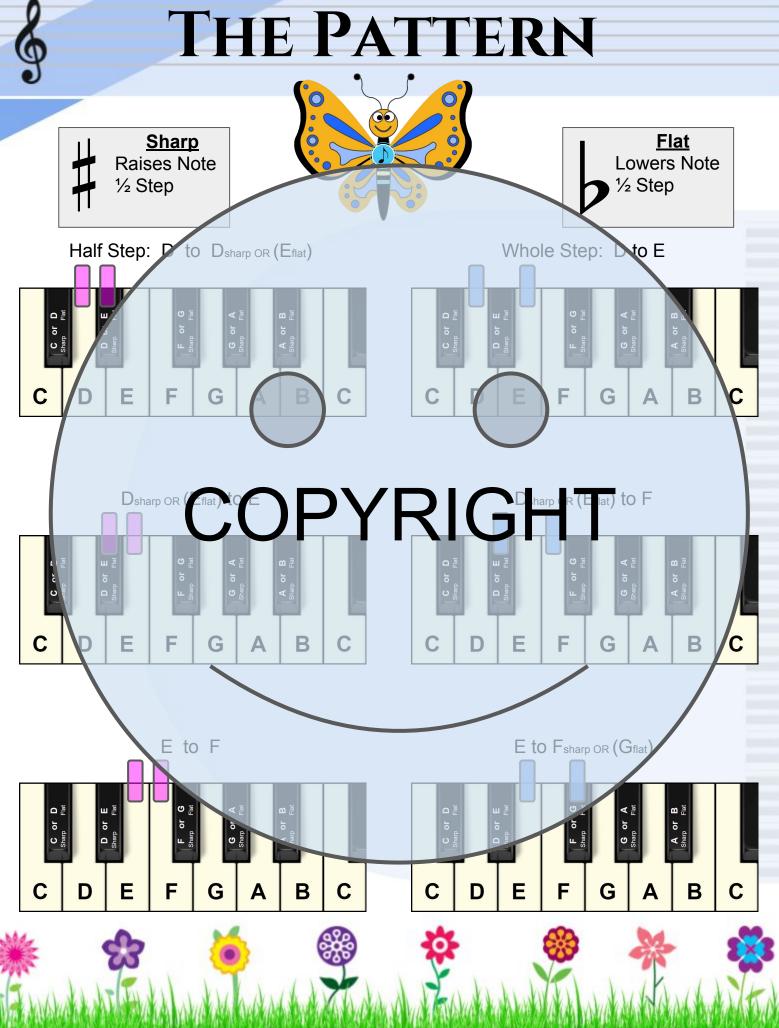
THE PATTERN

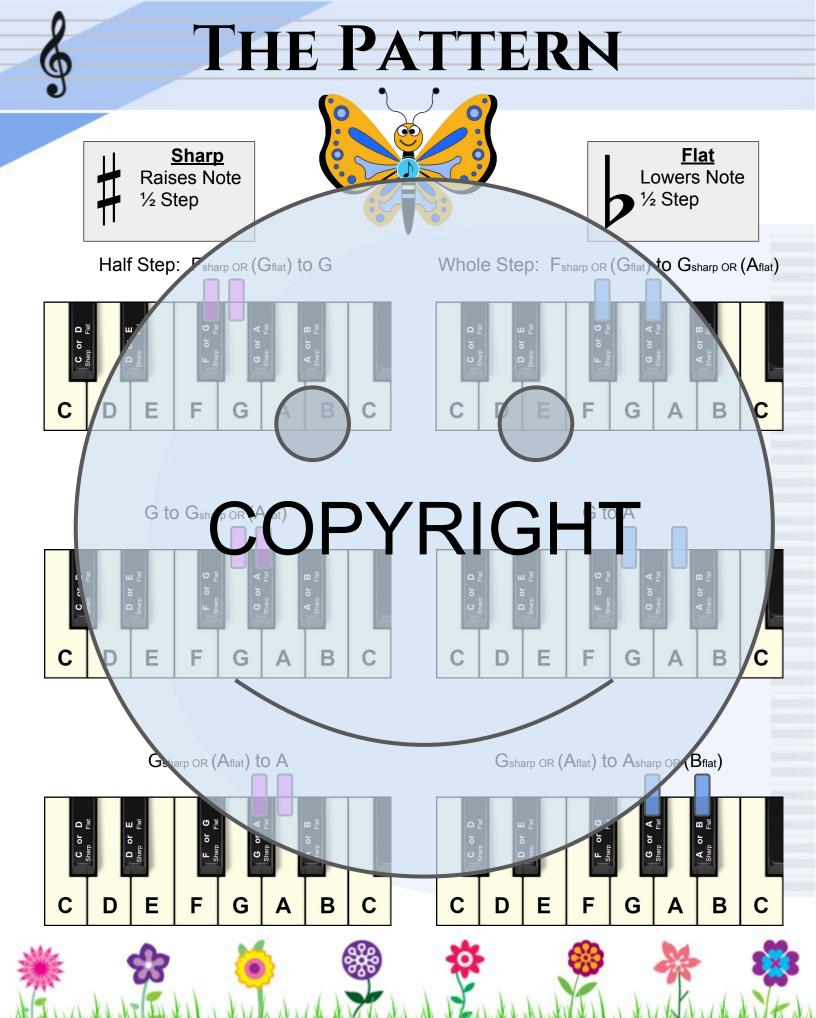


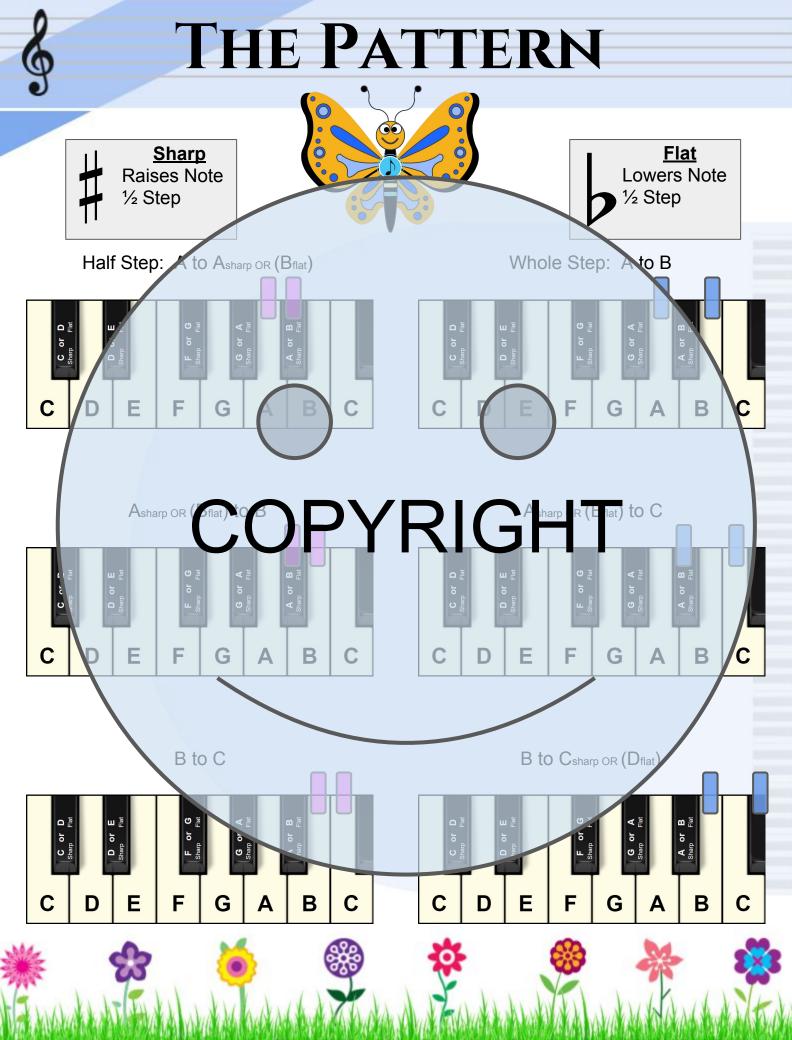


THE PATTERN

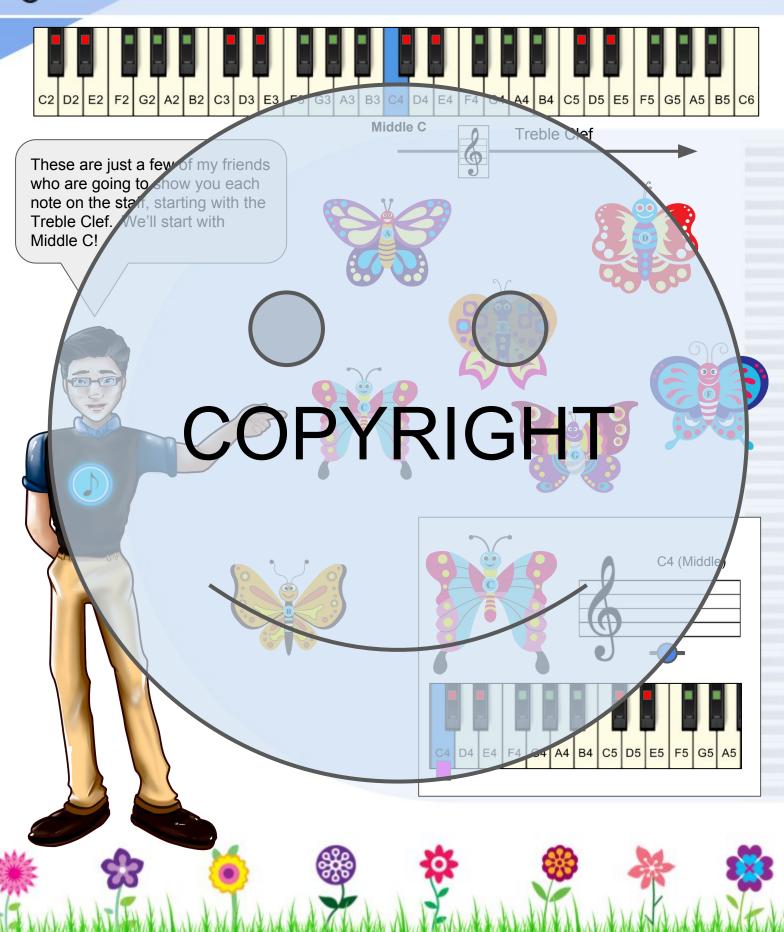




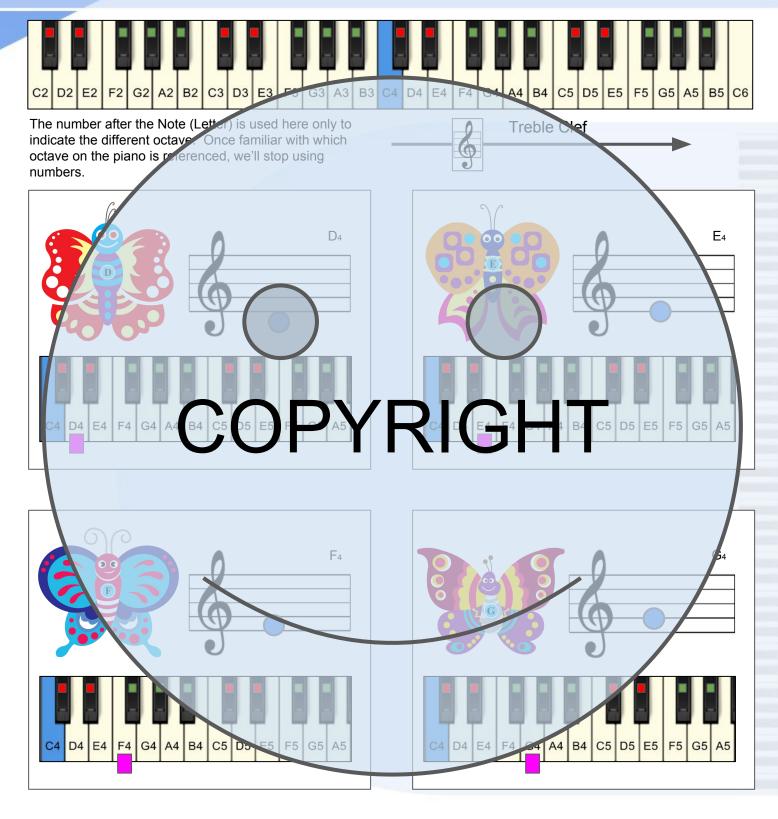






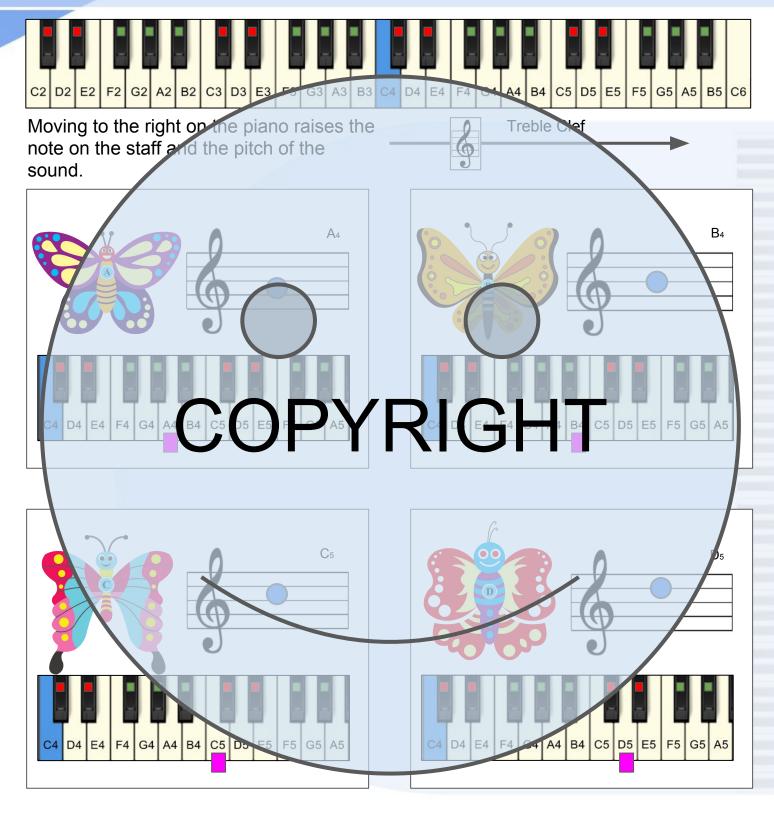






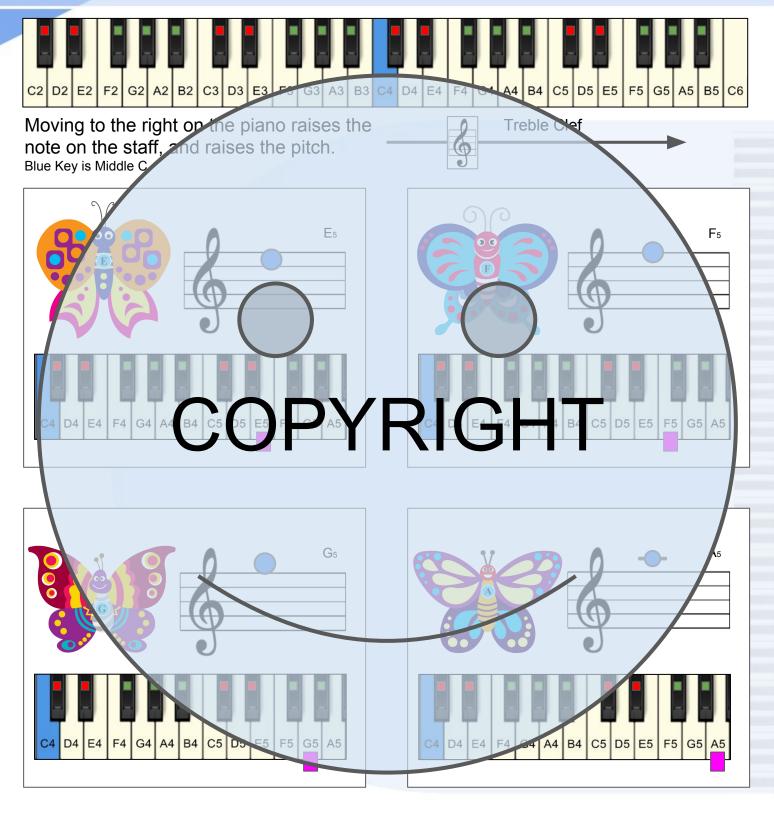






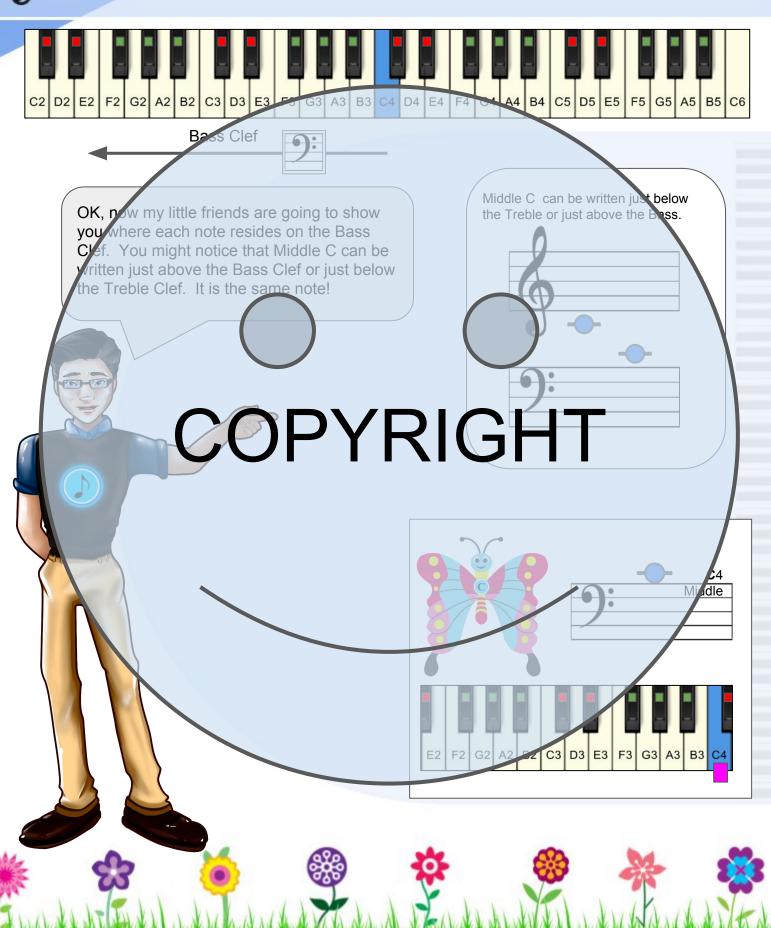




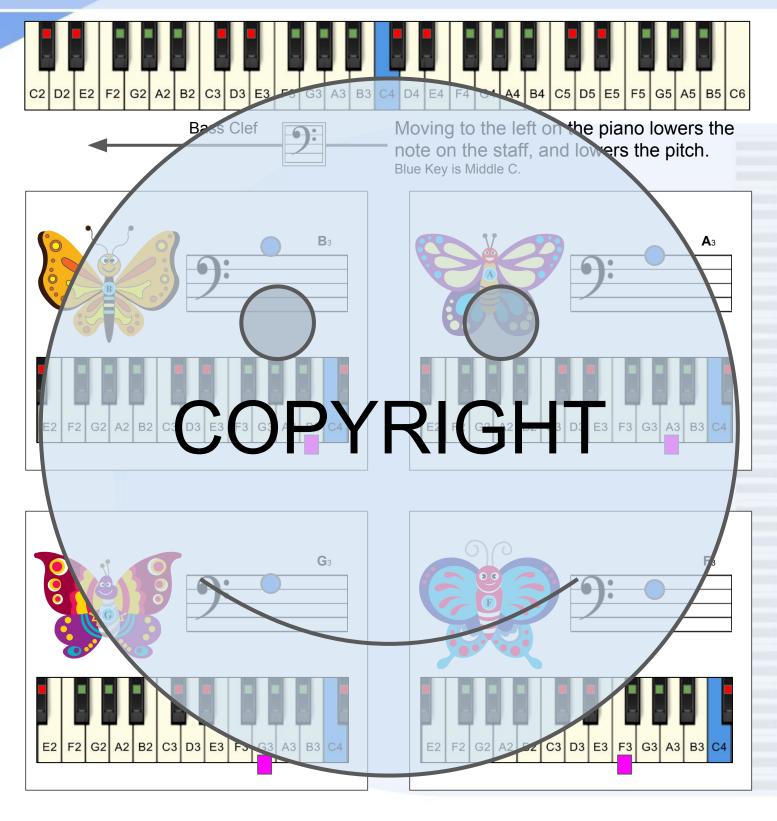






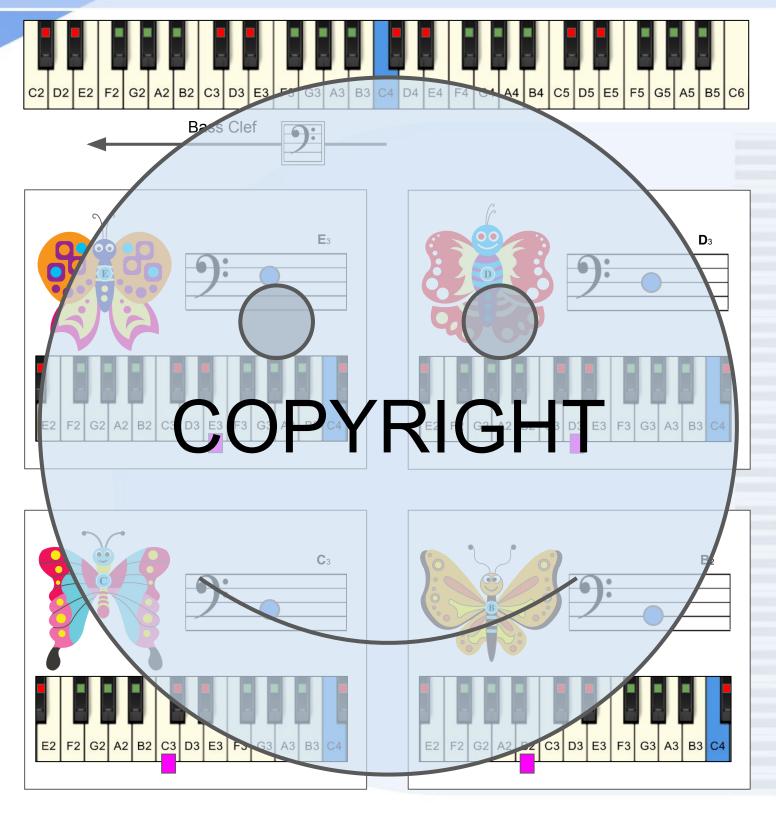






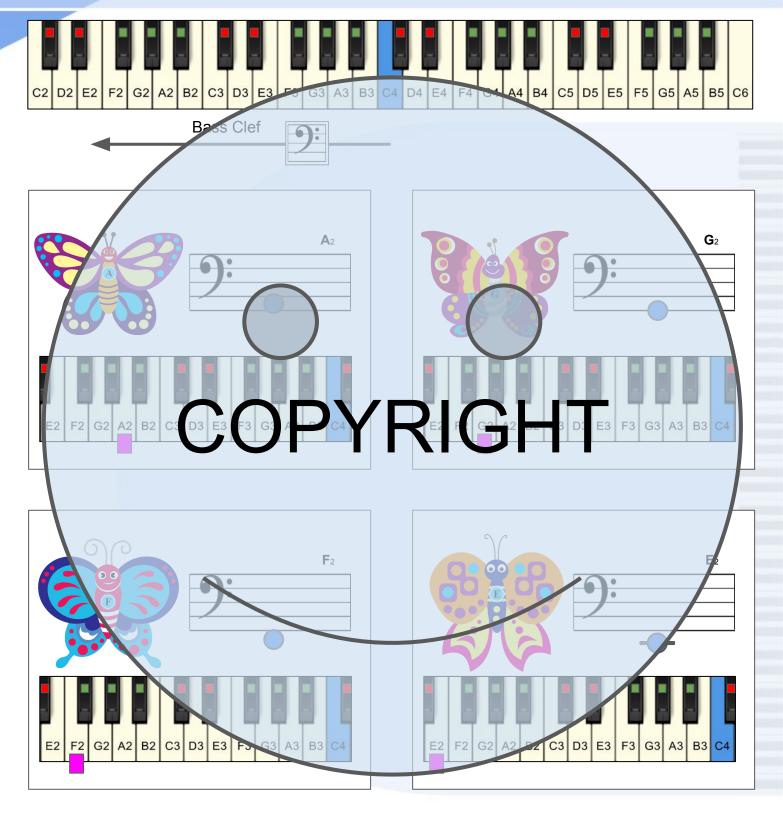






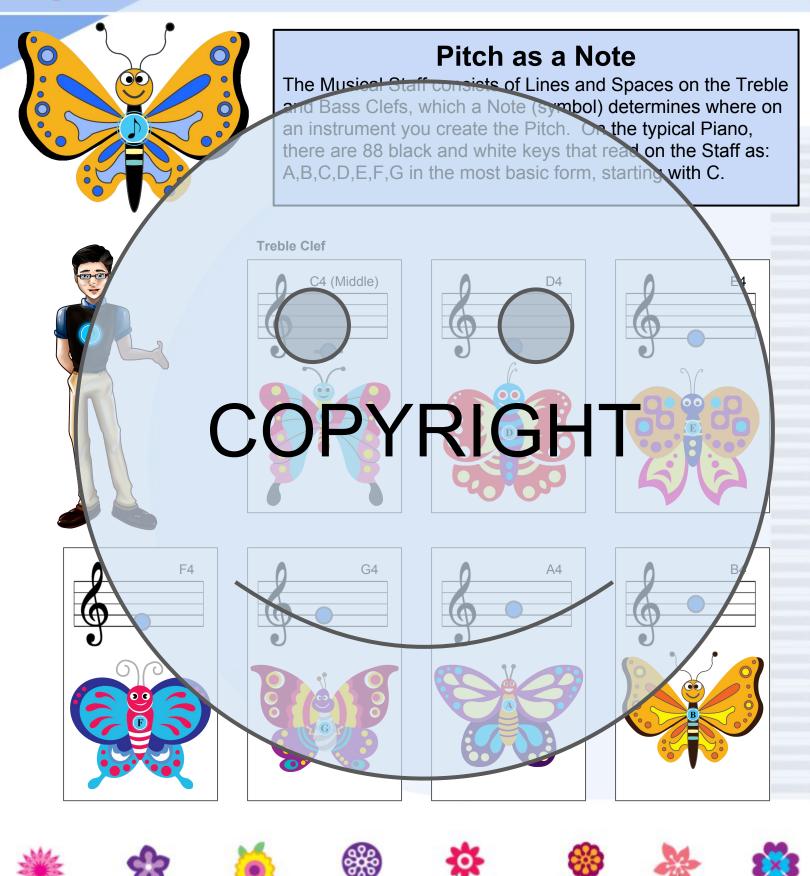




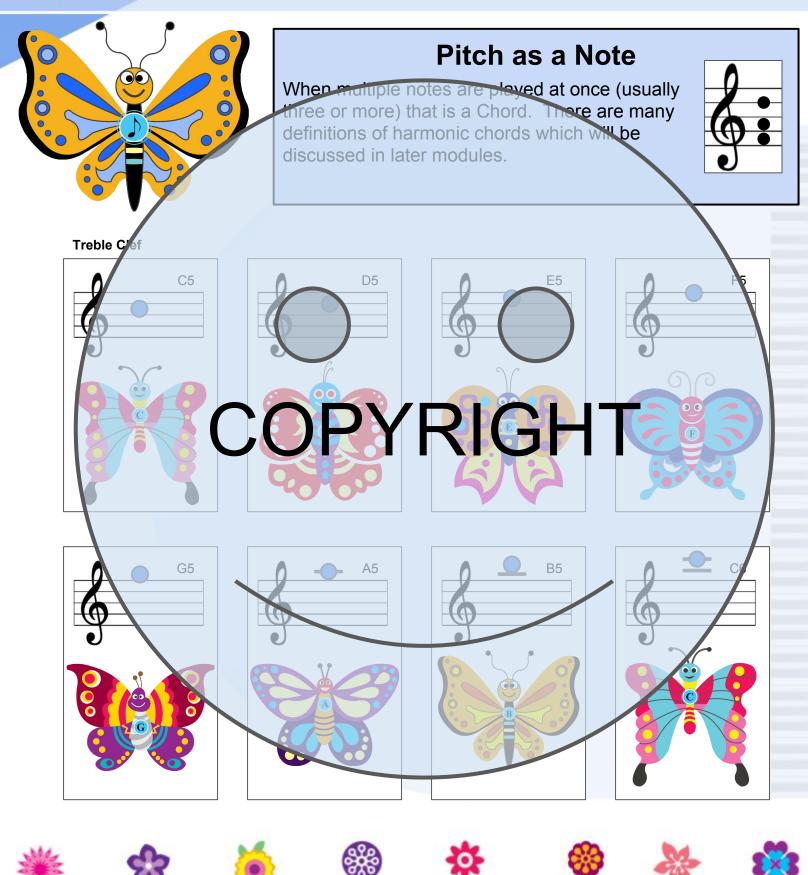




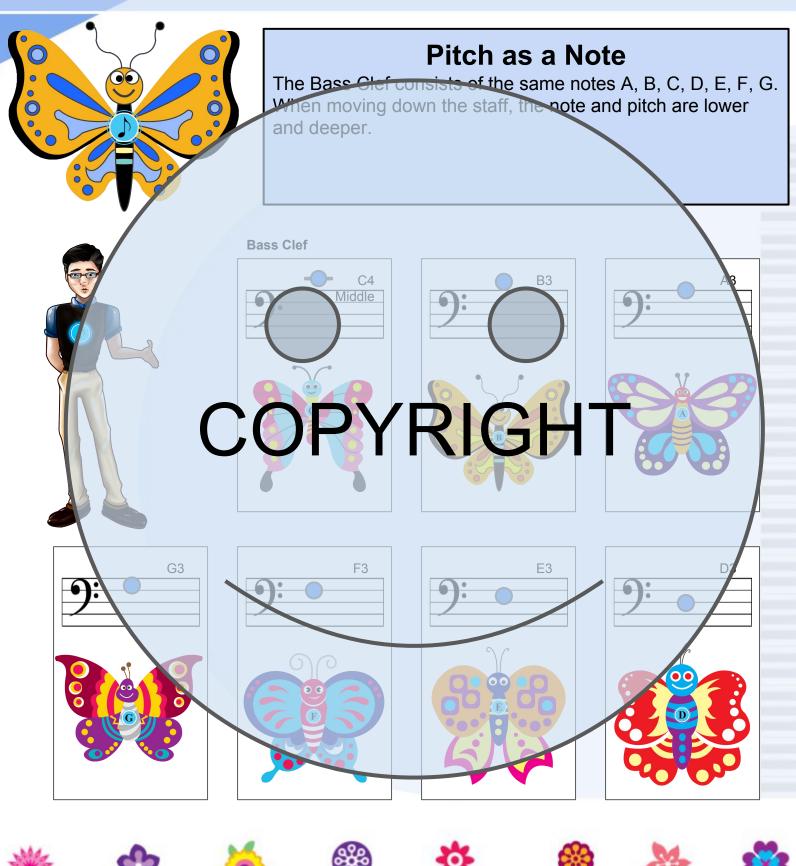




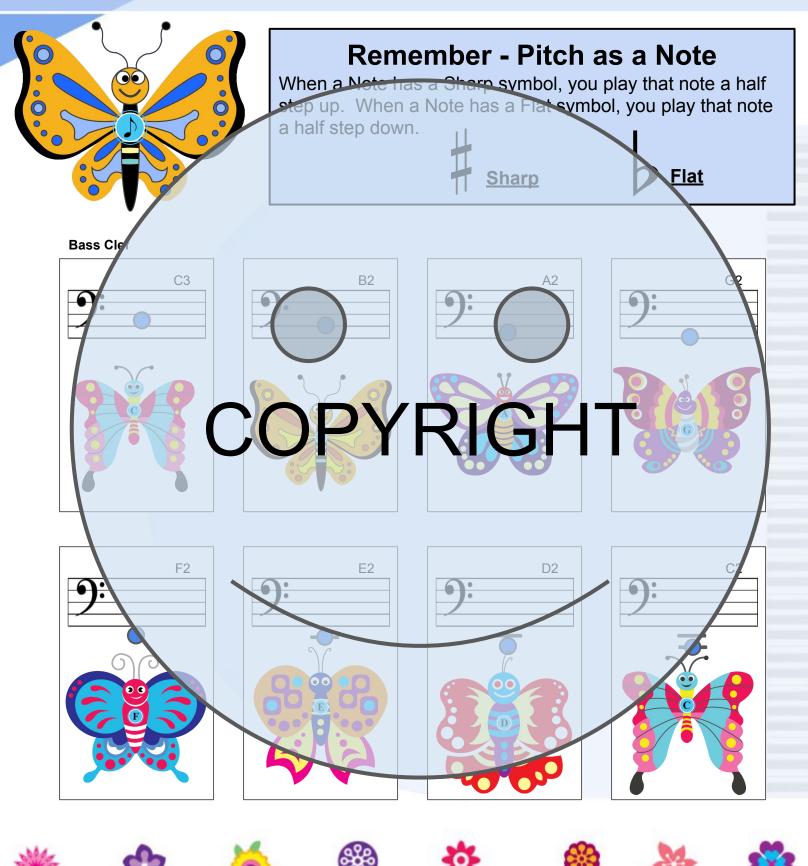




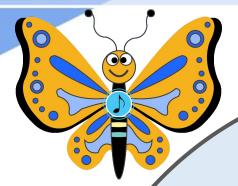






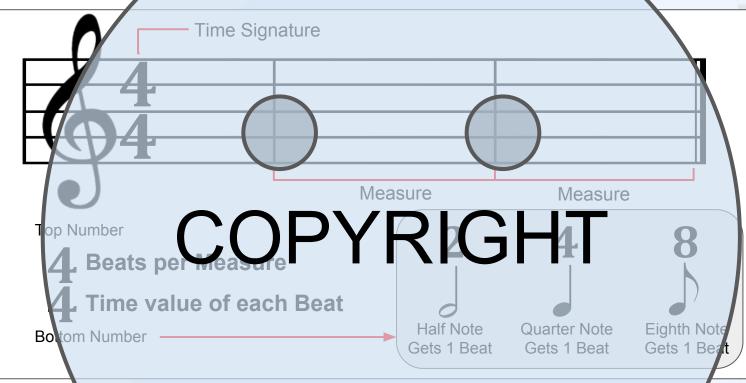


TIME SIGNATURE



Time Signatures

Time Signature, or meter signature, notates the number of beats per measure and which note duration receives the beat. Time Signatures are placed at the beginning of the music piece, but can change throughout the music.



Here are some popular Time Signatures found in various styles of music including Pop, Western, Polka, Blues, Marches, Jigs, R&B, Minuets, Orchestral and more.

Common

34

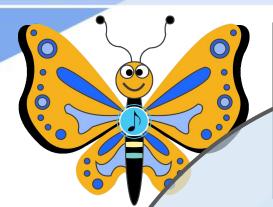
Half Note is 1 Beat

Quarter Note is 1 Beat

888888

Eighth Note is 1 Beat





Note Duration

The duration/length (how long played) of each note depends on the Tempo or speed of the music (not by seconds). However, the division of each note in comparison to Whole, Half, Quarter, Eighth, or Sixteenth is the same.

4/4 Timing = 4 Beats per Measure and the Quarter Note is one beat. Beat 1 Beat 3 Beat 4 Whole Note COPYRIGHT **Half Notes Quarter Notes** & **Eighth Notes**







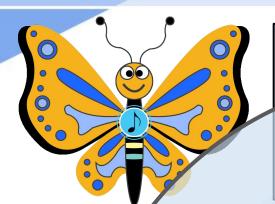
Note Duration

Rests (silent durations) are also of the same length and division. In all tempos and time signatures, Whole Notes and Whole Rests count the same, Half Notes and Half Rest count the same, and so on.

4/4 Timing = 4 Beats per Measure and the Quarter Note is one beat.

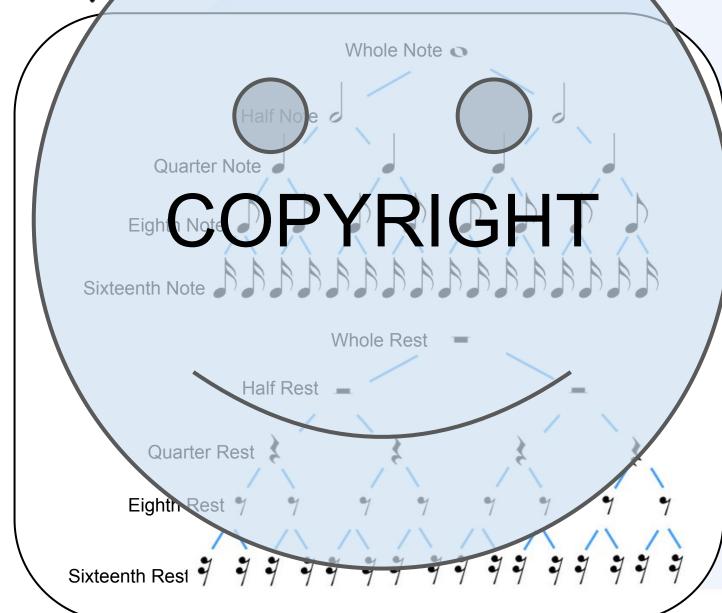
Name	Note	Rest	Beats	1 Measure in 4
Whole 1	CO	PYR	IGH	0
Half 2			2	
Quarter ⁴		*	1	
Eighth ⁸		7	1/2	ллдл
Sixteenth 16	A	7	1/4	





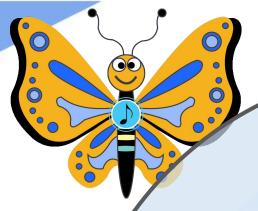
Note and Rest Duration Trees

These trees show the division of each note in halves. We can further break down Sixteenti- Notes to Thirty-Second Notes, and then to Sixty-Fourth Notes, though less common in popular music.





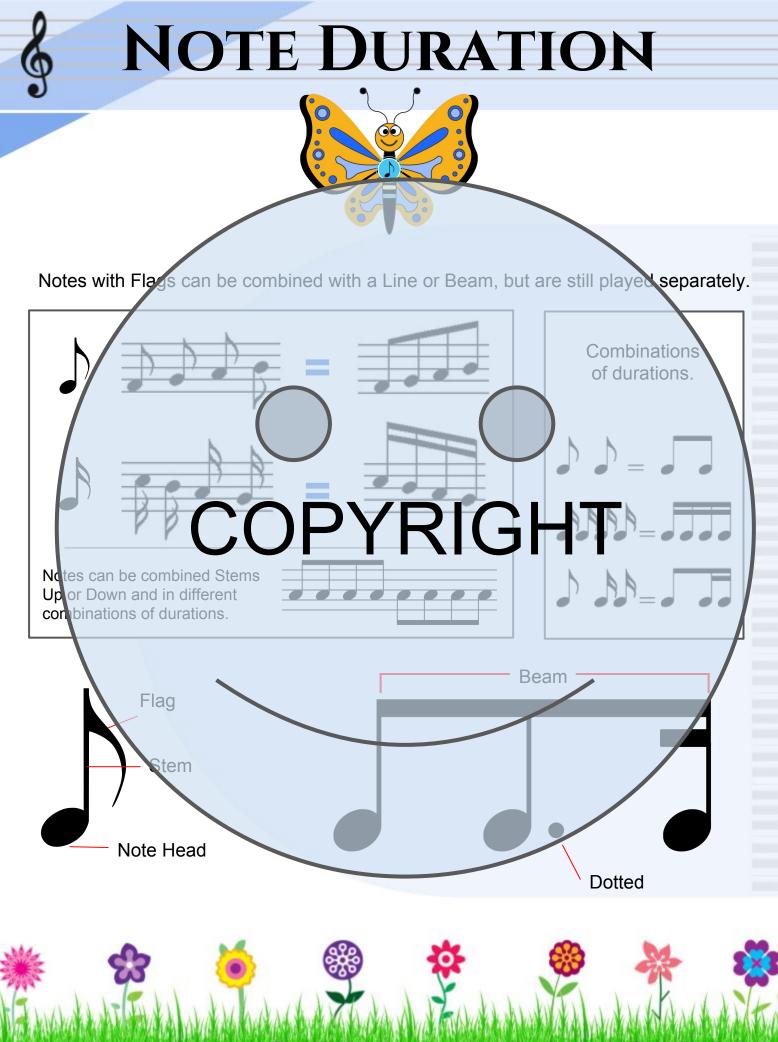




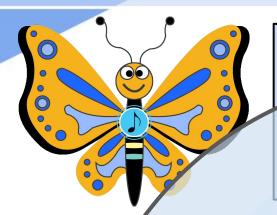
Timing with Flowers!

Here's a colorful way of visualizing how each duration is divided from a Whole, Half, Quarter, Eighth and Sixteenth note or rest. These can be divided further, but we'll approach that in following modules.



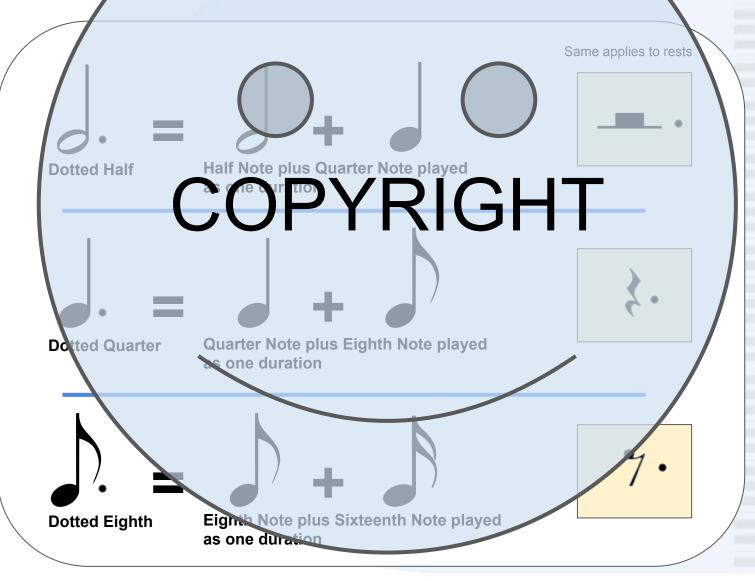


NOTE DURATION

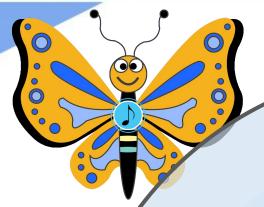


Dotted Notes

In music, a note followed by a dot is known as a dotted note. This dot ads one half the duration of the note onto the note itself, and is played as one length.





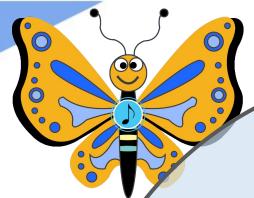


Note and Rest Durations

Here's an illustration of how each Note Duration symbol compares with its corresponding Rest Duration symbol. Although Notes can be combined with a Beam, rests remain separated.



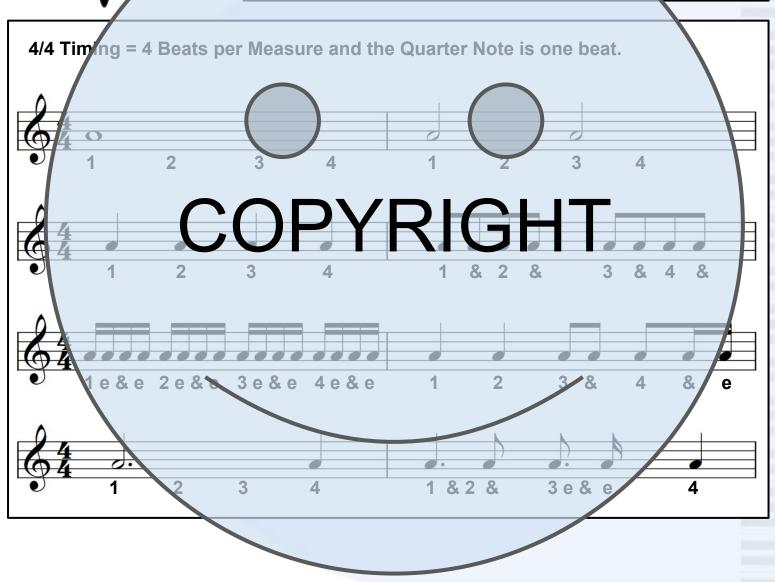




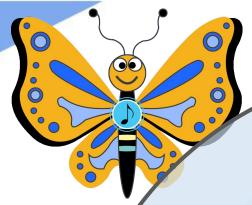
Counting with Beats

Here's how each note duration is counted in rhythm in a 4/4 time signature. Notice the Numbers, Ampersand (&) and lower case E (e) are used between beats. This is commonly used when voicing and clapping the beat and timing.

(We'll simplify this through an online viceo!)

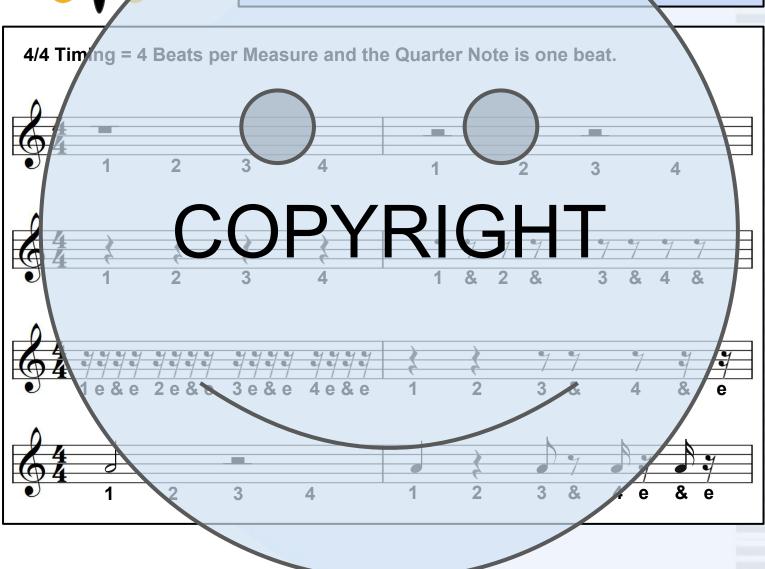






Counting Rests with Beats

Here's how each rest duration is counted in rhythm in a 4/4 time signature.







Tied Notes

A tie is a curved line that combines two notes of the same pitch to be played as one. For example, you can combine 2 half notes with a Tie to be played as one whole note, or 1 half and one quarter to played as 3 beats.

= 1 Beat

= 2 Beats

These are just a few combinations of the mathematical that are possible!

Player (held) as one note but for 4 beats 1+1 + 1+1.

COPYRIGHT Sone report for 3 beats 1+1 +2

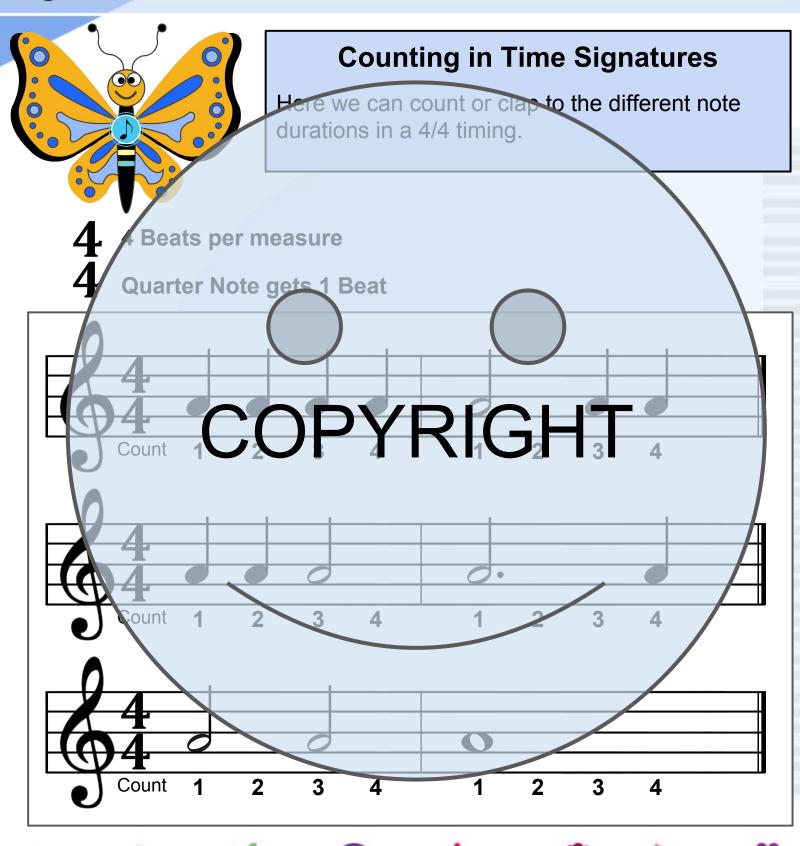


Played (held) as one note but for 2 beats 1 + 1.

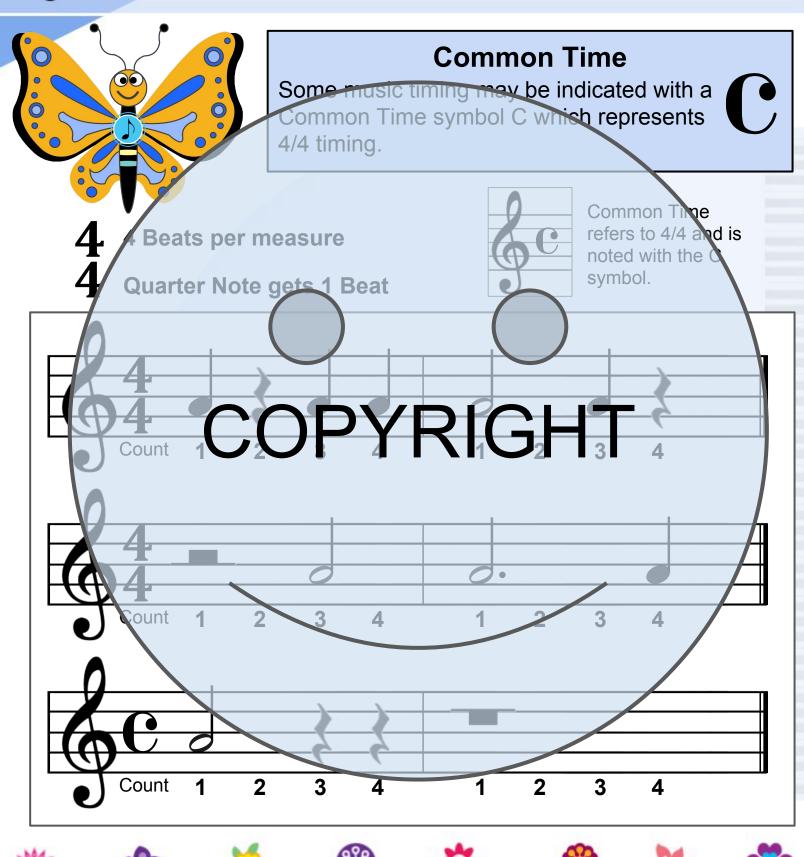
Played (held) as one note but for 6 beats 1+1+1+1 + 1+1.

Played (held) as one note but for 6 beats 1+1+1 + 1

TIME SIGNATURE



TIME SIGNATURE



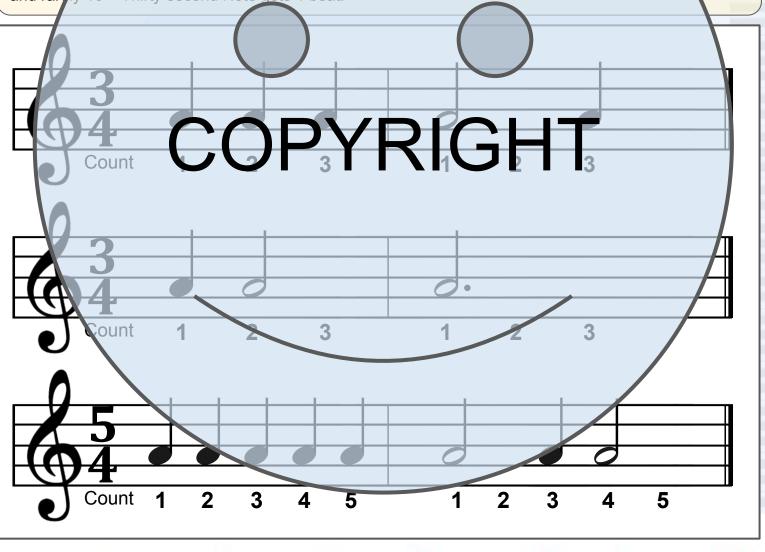
NOTE DURATION



3 Beats per measure

4 Quarter Note gets 1 Reat

Remember - The Bottom Number in the time signature indicates how long a Beat is per measure. 2 = Half Note gets 1 beat, 4 = Quarter Note gets 1 beat, 8 = Sixteenth Note gets 1 beat, and rarely 16 = Thirty-second Note gets 1 beat!



NOTE DURATION



Cut Time

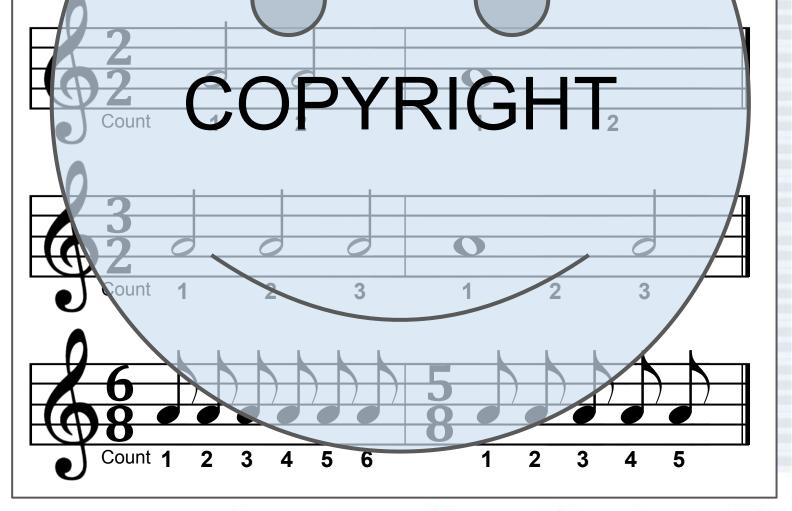
Some music timing may be indicated with a C Time symbol with a line through it, which represents 2/2 timing.



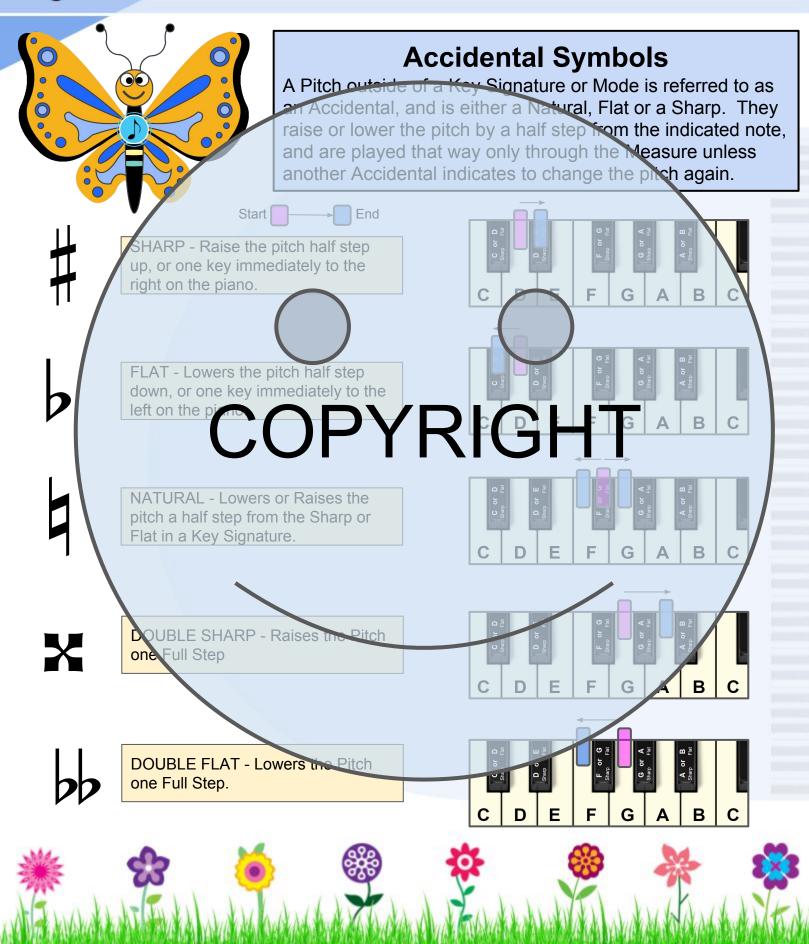
This will be much easier to understand in our videos!



Cut Time refers to 2/2 and is noted with the C symbol with a line down to

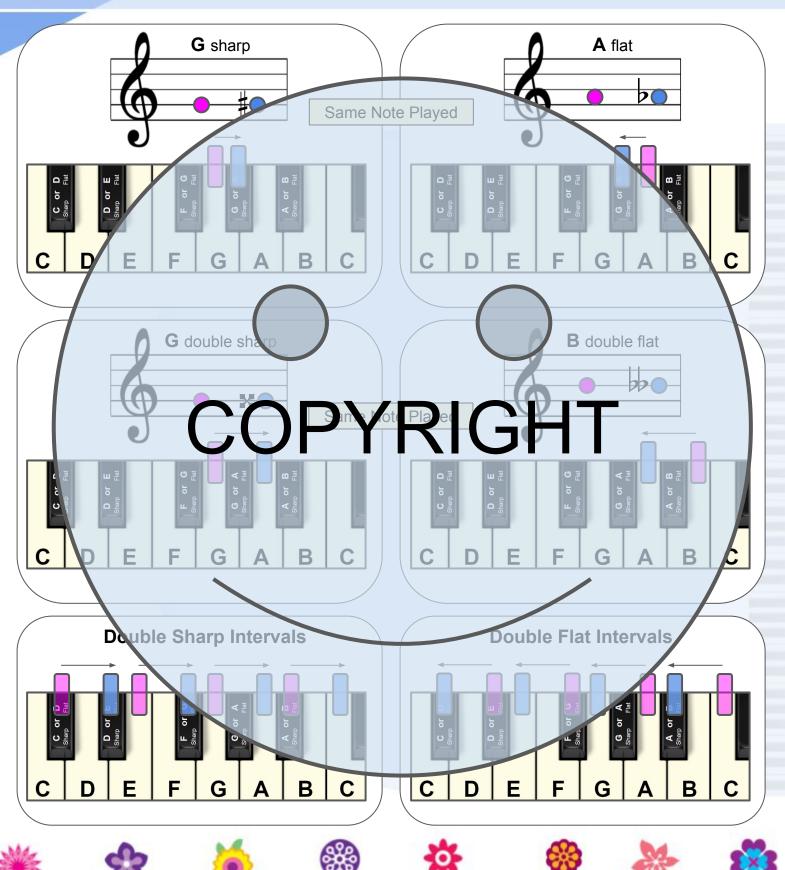


THE ACCIDENTALS



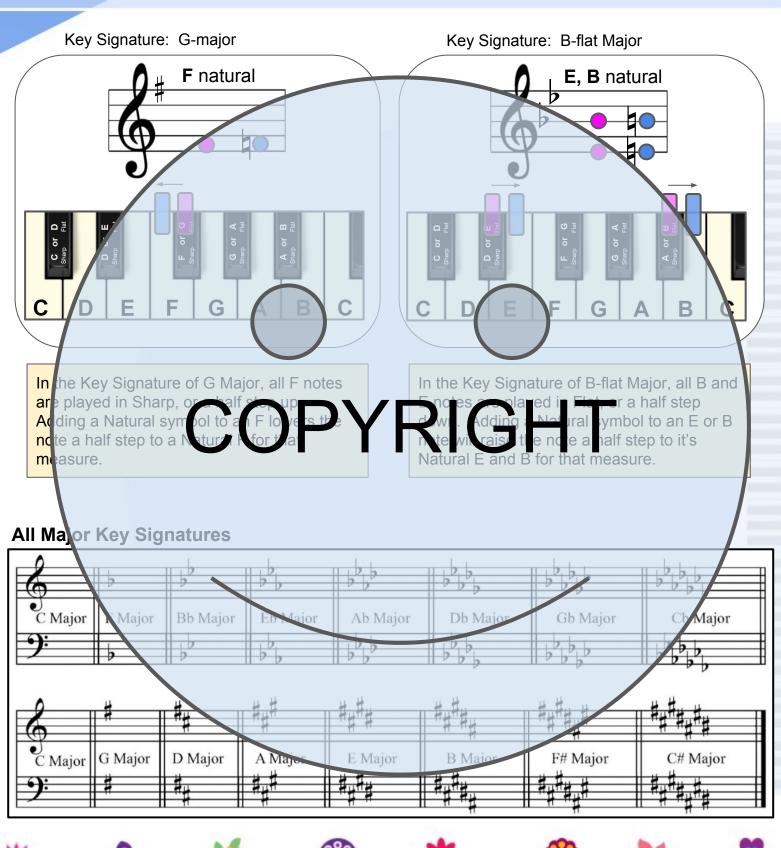


THE ACCIDENTALS





THE ACCIDENTALS



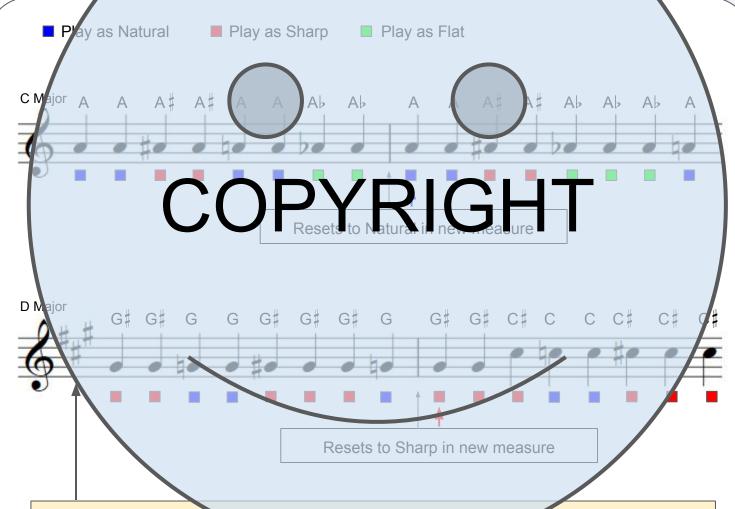


THE ACCIDENTALS



When To Change

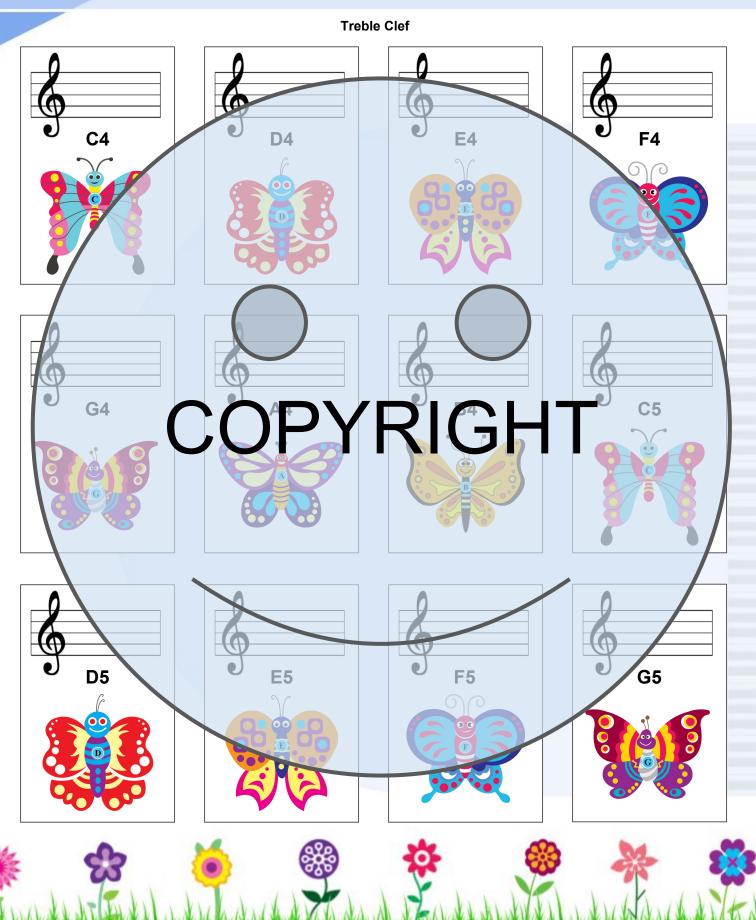
When a Note is changed by an Accidental, it stays that status throughout the MEASURE, unless changed again by another accidental symbol. This also applies to notes within a Key Signature.



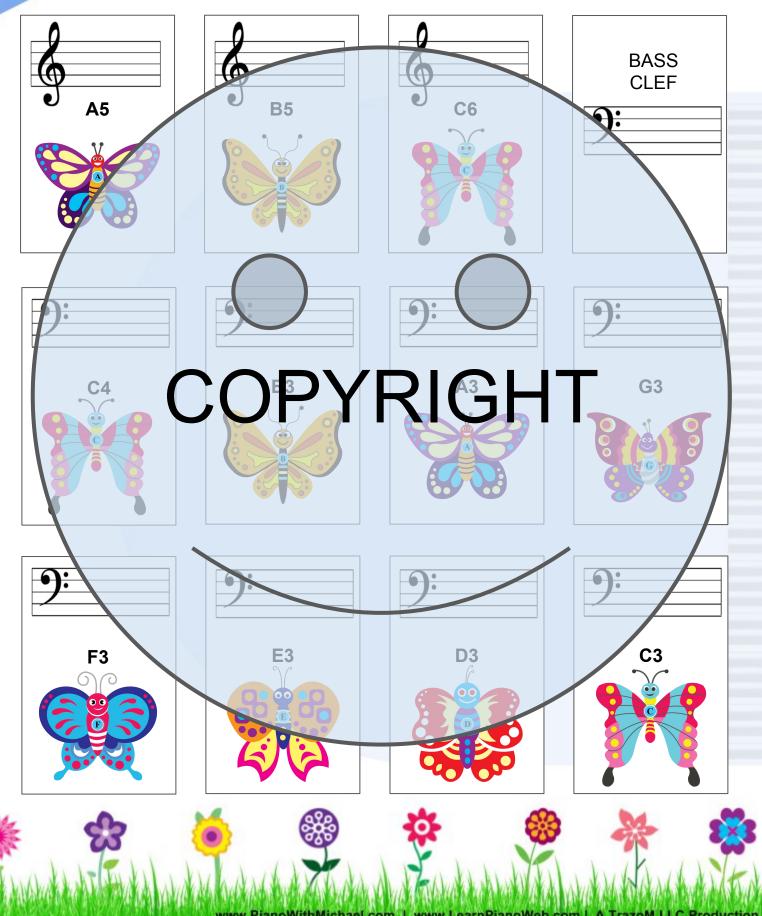
In D Major key signature, all F, G and C notes are played (in all octaves) as Sharps until changed by an Accidental symbol. At the end of the measure, all Accidental changes revert back to Sharp Signatures. When the Key Signature Sharps are changed with a Natural Sign, then you play the note a half-step down to the Natural Key.



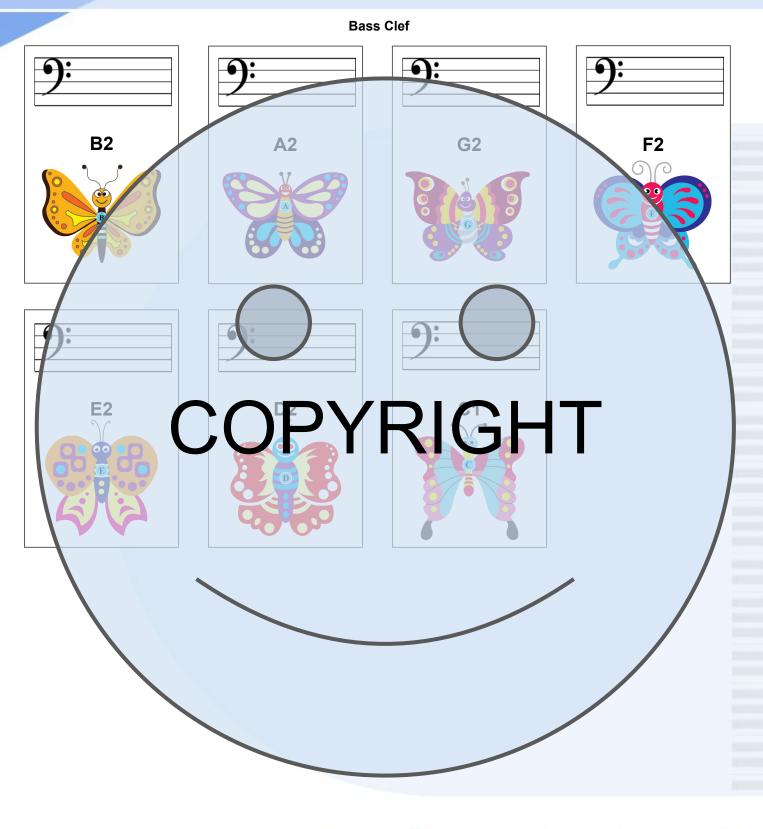






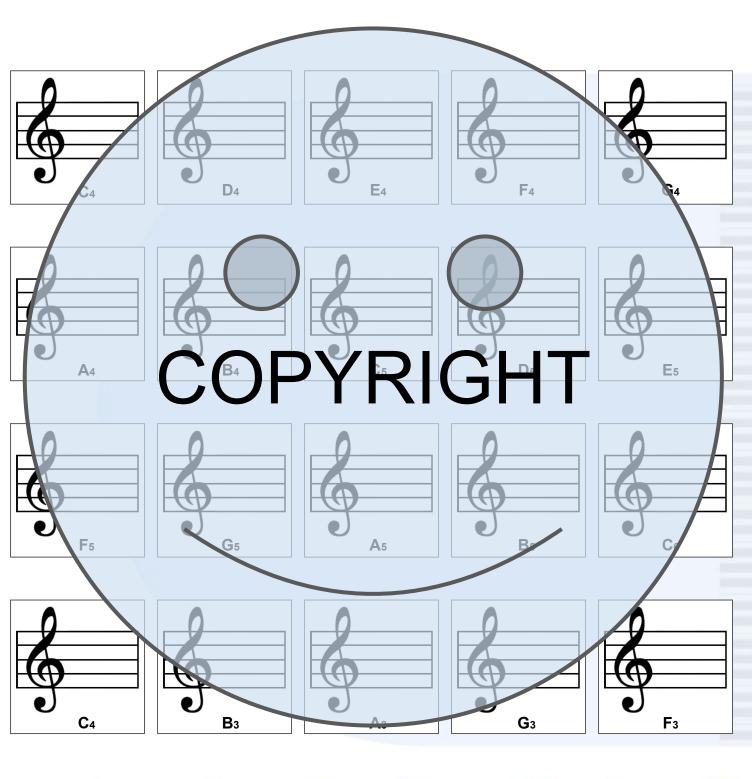








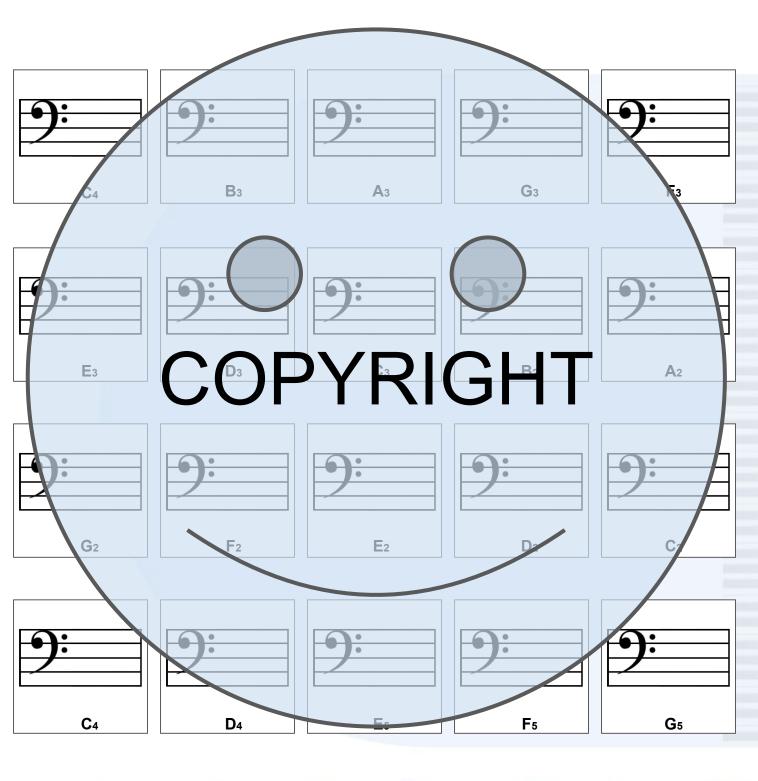
Worksheet: Module 1 - Treble Clef, C Major







Worksheet: Module 1 - Bass Clef, C Major



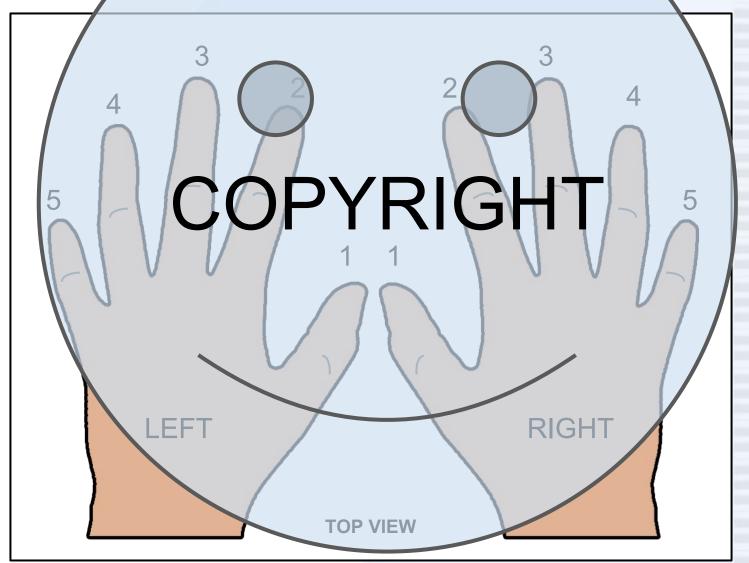


THE FINGER CHART



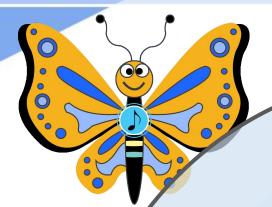
The Finger Chart

We'll be using this finger chart to show you which finger to use in our Lessons, Songs and Exercise pages.





THE FINGER CHART



Crossing Over / Under

When playing certain note sequences in songs, sometimes you'll need to cross over your thamb. Other times when moving in the opposite direction, you'l want to cross your thumb under your fingers.



RIGHT HAND

g notes moving up the poard (to the right), you'll cross you nb underneath your 2nd or 3rd

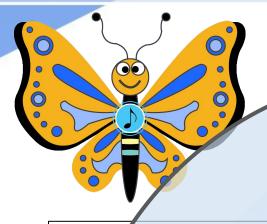


LEFT HAND

When playing notes moving up the keyboard (to the right), you'll cross your 2nd or 2rd finger over your thumb

When playing notes moving down the keyboard (to the left), you't cross your thumb underneath your 2nd or 3rd finger.

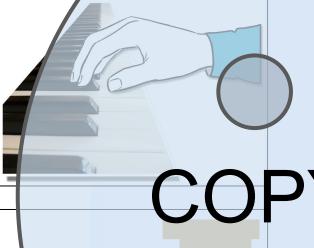
EXERCISES & SONGS



A Few Things To Remember

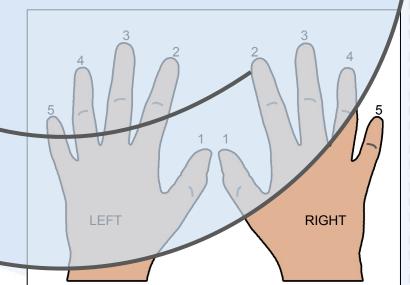
For these exercises and songs, keep in mind:

- Proper Hand Position and Posture
- Numbering on Finger Chart
- Cross Overs and Cross Unders
- Underlined Numbers for unexpected fingering



- Practice slowly and accurately to develop properties.
- Visit our wabsite and watch our videos to see and hear have me exercises and songs should be played.

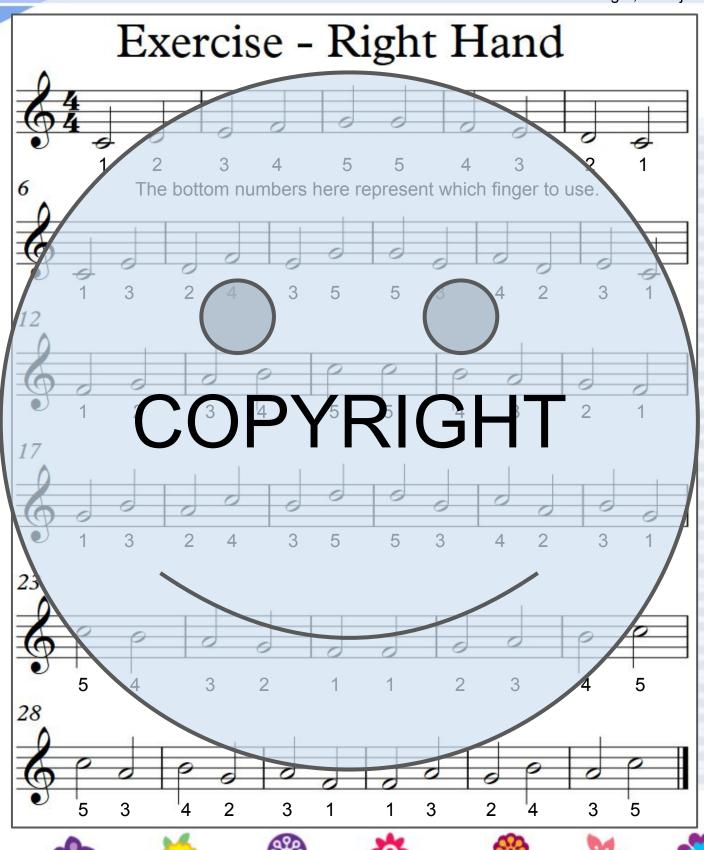
- Vie've added suggested ingering (botton run ber), but you can use what's comfortable for your hand size.





EXERCISES

Exercise: Module 1 - Right, C Major





EXERCISES

Exercise: Module 1 - Left, C Major

